

## Grandma's and Grandpa's Day



Mazowieckie Voivodship



Grandparents are a delightful mix of laughter, care, wonderful stories and love





Among them is:

798 911

558 245



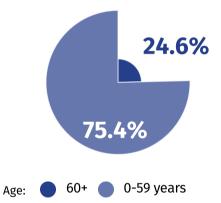
persons aged 60 and more live in Mazowieckie Voivodship

0.6%

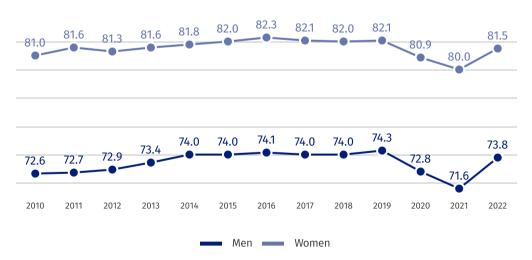
As of 30 June 2023



They now constitute almost 25% of total population



Average life expectancy of men and women



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#### The beginning of the celebration of Grandma's and Grandpa's Day in Poland

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The weekly "Kobieta i Życie" initiated the celebration initiative of Grandma's Day



Polish Television announced a competition to propose the date of Grandpa's Day. Although Mieczysław Fogg's birthday was popular (May 30), the final choice was January 22

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1964

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21 January Grandma's Day for the first time it was celebrated throughout the country



Grandpa's Day was officially entered into the calendar and since then it has been celebrated in Poland on 22 January

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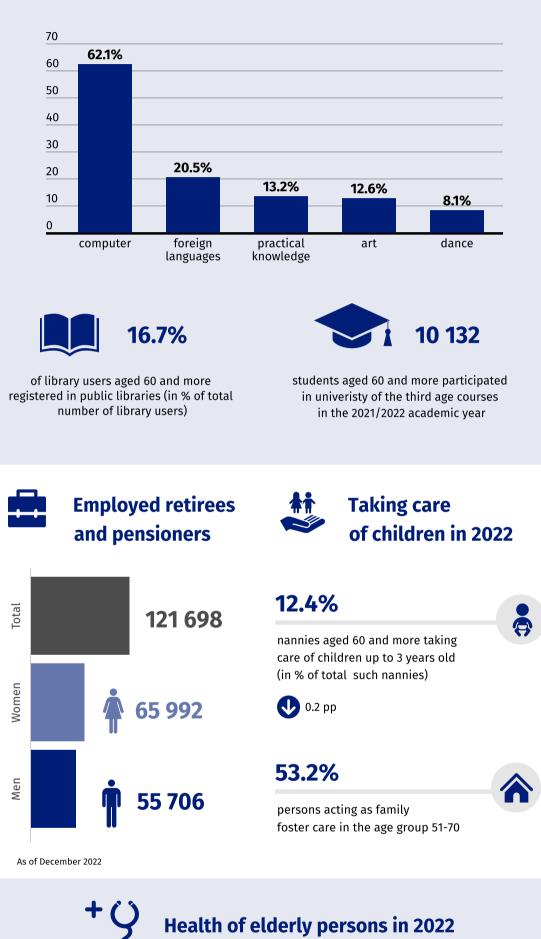
### Grandma's and Grandpa's Day







# Share of persons aged 60 and more among graduates of courses organised by centres of culture, cultural centres and establishments, clubs and community centres



### Health care consultations provided to persons aged 65 and more



